

# Road Trip Ready!

Plan an epic road trip with these tips and tools



# Hi!

A good road trip starts with three things:  
A good plan. Good Snacks. Good people.

I'll help you with planning and snack ideas. The  
choice in people is up to you, :-).

Here's to a great journey for you and your family,  
Towanda

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# Let's Plan An Epic Trip

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Here are my top 7 tips and tools for planning a road trip that everyone can enjoy:

**Pack light and choose luggage that's easy to load.** I like to use a mix of hard luggage and soft bags (backpacks, weekender bags, etc.) This makes it easier to pack the vehicle.

Need motivation to pack light? A lighter vehicle uses less gas.  
Plus, you'll need room for souvenirs.

**Plan stops.** Restroom breaks, the need to move and eating are good reasons to take a break from the road. Are you going to pass any landmarks or tourist areas? Build some time into your journey to stop. [Roadtrippers](#) and [Roadside America](#) are both good sites for finding interesting places along your route. Find landmarks, interesting sites and more.

If your family enjoys food channels, check out [TV Food Maps](#). It will show you places to eat along your route, based on TV features!

**Pack great snacks.** There's a list on page 7.

**Discuss logistics with everyone so they'll know what to expect** (distance, time, interesting places you'll see or visit, dining options, etc.).

**Start with a well-rested driver.** Nothing can make up for a driver that's not ready for the adventure.

**Get car serviced and ready for the road.**

**Give each passenger ample room to get comfortable.** Feeling like sardines in a can does not make for happy travel companions.



# Road Trip Checklist

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## Prep the Car

Get car serviced. Check emergency kit, spare tire and flashlight batteries



Make sure all paperwork in car - vehicle registration, insurance cards, roadside assistance information, car manual



Put route plan, complete with suggested stops, in easy to find place



First aid kit



## Let's Get Comfy

Travel pillows and blankets



Water bottles, snacks



Sanitizer and baby wipes



Sunglasses



Cooler, small trash bags



## Entertainment

Entertainment kits for each kid including paper, pencils, colored pencils, crayons, coloring books, etc.. Pack in small bag or laptop sleeve.



Surprise treats. I love pulling out new toys and fun snacks around the halfway point.



DVD player, tablet or other electronics your kids will love



## Road Trip-Approved Snacks

**Frozen GoGo squeez.** Freeze applesauce packs overnight and store in a small cooler. They make awesome slushies with no mess!

Tip: Cut corner to enjoy.

**Frozen grapes.** If you've never done this, trust me. They are SO. GOOD!

**Boiled eggs** (peel before packing)

**Chewy granola bars**

**Cheese and crackers**

**Twizzlers** (no-mess candy)

**Sandwiches.** I typically stick with meat, cheese and bread to avoid soggy bread.

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## Travel Games

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This [list of games](#) says “for adults” but many of these will work for families, especially if you have tweens/teens.

It includes everything from 21 Questions to “While You Were Sleeping.”





# You're Almost Done!

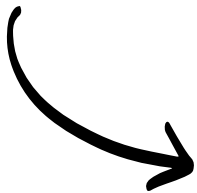
A joy of reading mini guides, aside from the information, is that you don't have to wait until a big chunk of time appears in your schedule. Because how often does that happen?!

Now that you have tips and tools for planning your road trip, check out our other [mini guides](#). Topics range from education to spirituality.

If you do social media, we'd love to connect there, too. We're on [Facebook](#), [Instagram](#) and [Pinterest](#)!

I look forward to staying in touch,  
Towanda

Join the  
#MomOfGirls  
community



[We can't wait to have you!](#)



**THANK YOU FOR BEING A PART OF  
OUR COMMUNITY!**

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