

Oh So Sweet Science! (part 2)



Let's Have Some Fun with STEM
(Science, Technology, Engineering &
Math)

Hi!

We all want our girls to know their possibilities are endless, but sometimes choosing what to try is overwhelming. This guide is here to help.

Keep in mind, though. It's really hard to make a bad choice, because experiences are about exposure. It's about helping them find what they like, and what they don't, :-).

Along the way, you may find a new love yourself. Either way you are building life memories and setting the stage for your daughter to be confident in trying new things, while she is finding her "thing."

Now for some fun and creative ways to experience Science, Technology, Engineering and Math!

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Decisions, Decisions

Here are three tips for choosing projects and experiences she can get excited about:

1. What does she like?

Harry Potter fan? Make potions, aka chemistry experiments. A quick web search will give you more options than you thought possible!

Does she like fashion? Talk about the science of color. Research how different fabrics are made.

Animal lover? Talk biology or why certain animals are attracted to different things (cat and ball of yarn, etc.). If you have a pet do experiments like “which color ball does he/she like best. Which treat is best received?”

2. Choose something outside of your comfort zone that you both can experience for the first time. Have you gone ziplining? Before going you can study [how they work](#).

3. Incorporate science and technology lessons into everyday life. We do this a lot with cooking. We enjoy choosing a recipe, talking about how we think it will taste and why. We use this [guide to help with spices](#). After we’ve researched spices and how the ingredients work together, it’s exciting to eat the project at the end, :-).

Check out [Science Buddies](#) for
hours of project ideas!

Answer a few questions and it'll
give you ideas based on age,
interests, and more.

It's like a matchmaker for
people and science projects, :-).

TV as a Teacher

TV has come a long way from the days of boring documentaries and mediocre cinematography. Remember those science class videos?!

Now we can view how-to videos and behind-the-scene footage in high definition. Try:

[How It's Made](#)

[How Do They Do It?](#)

[Craft Lab](#)

[Goldiblox](#)

Science Festivals!

Want a sampler of science activities?

Many festivals have over 100 activities and it's highly likely there's one near you. Along with local events, here are a few to put on your radar:

The [World Science Festival](#) is a multi-day event with many activities. Some activities require tickets while others, like lab tours, are free. Some events are open to online participation.

The [USA Science & Engineering Festival](#) features over 3000 hands-on exhibits! According to their website it's the largest in the USA.

The [Cambridge Science Festival](#) is based out of the MIT Museum and attracts over 100K visitors. It's held at more than 70 venues over 10 days, with events from Cape Cod to Central Massachusetts.

BE HER BIGGEST CHEERLEADER!

Cheer on her efforts, whether the
end result is what she wanted or
not!

Effort > Perfection



You're Almost Done!

A joy of reading mini guides, aside from the information, :-), is that you don't have to wait until a big chunk of time appears in your schedule. Because how often does that happen?!

With these few minutes you have inspiration to do something fun and educational. A mother-daughter date. A playdate. A family affair.

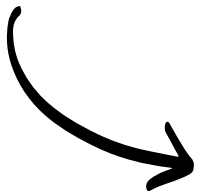
Whatever you choose, enjoy!

And be sure to check out our other [mini guides](#), especially part 1 of Oh So Sweet Science! if you missed it.

If you do social media, we'd love to connect there, too. We're on [Facebook](#), [Instagram](#)

I look forward to staying in touch,
Towanda

Join the
#MomOfGirls
community



[We can't wait to have you!](#)



**THANK YOU FOR BEING A PART OF
OUR COMMUNITY!**

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